

# THE PLOUGH INN

## STARTERS

SOURDOUGH BREAD, TARRAGON BUTTER, AGED BALSAMIC & VIRGIN OLIVE OIL <b>V</b>	£ 5.95
CHICKEN LIVER & PORT PATE, TOASTED BRIOCHE, RED ONION JAM & PICKLES	£ 9.95
MOULES MARINIERE, WHITE WINE, GARLIC CREAM & SOURDOUGH BREAD	£ 10.95
BAKED BRITISH CAMEMBERT, APPLE CHUTNEY & TOASTED SOURDOUGH <b>V</b>	£ 12.95
TOMATO & BASIL SOUP, COCONUT YOGHURT & CIABATTA BREAD <b>VG</b>	£ 8.95
ENGLISH ASPARAGUS, CRISPY HENS EGG, AIR DRED HAM & BUERRE NOISSETTE	£ 10.95

## MAINS

BEER BATTERED FISH, CHIPS, TARRAGON TARTAR SAUCE & REAL MUSHY PEAS	£ 16.95
10oz DRY AGED RIBEYE, BAKED ONION, SMOKED GARLIC BUTTER & CHIPS	£ 35.95
WHOLE BAKED SEA BASS, GARLIC BUTTER, CRUSHED POTATO & SAMPHIRE	£ 18.95
VENISON & RED WINE SAUSAGES, MASH, SPRING GREENS & RED WINE JUS	£ 16.95
CRISPY PORK BELLY, APPLE PUREE, POTATO FONDANT & SPRING GREENS	£ 18.95
WARM SALAD OF SQUASH, FENNEL, BEETROOT, PEACH & VEGAN FETA <b>VG</b>	£ 16.95
JERK CHICKEN THIGH, NAKED SESAME SLAW, RICE & ROAST GARLIC MAYO	£ 16.95
TOMATO, BASIL & CHILLI PASTA, AGED PECORINO CHEESE & SAMPHIRE <b>V/VO</b>	£ 15.95

## BURGERS

OUR BURGERS ARE ALL SERVED ON BUNS WITH LEAF SALAD,

COLESLAW & TRIPLE-COOKED CHIPS - ADD BACON OR CHEESE FOR £1.50

DRY-AGED STEAK BURGER, RED ONION JAM & MAYONNAISE	£ 16.95
DRY-AGED STEAK, BACON & CHEDDAR BURGER, RED ONION JAM & MAYONNAISE	£ 19.95
JERK CHICKEN BURGER, NAKED SLAW & ROAST GARLIC MAYONNAISE	£ 17.95
SUSSEX HALLOUMI CHEESE & ROAST BEETROOT BURGER WITH CHILLI JAM	£ 16.95
VEGAN REDEFINED BURGER, SMOKED VEGAN GOUDA & CHILLI JAM <b>VG</b>	£ 17.95

## SIDES

TRIPLE-COOKED CHUNKY KOFFMANS CHIPS <b>V/VG</b> - ADD CHEESE FOR £1	£ 4.95
SALAD OF LEAVES, TOMATO, CUCUMBER, ONION & AGAVE DRESSING <b>VG</b>	£ 4.25
ROASTED GARLIC BUTTER CIABATTA BREAD <b>V</b> ADD CHEESE FOR £ 1	£ 5.25
BUTTERED SPRING GREENS & CRUSHED HAZELNUTS <b>V</b>	£ 4.95
CAJUN SPICED POTATO WEDGES <b>VG</b>	£ 4.95

Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens.

## CIABATTA ROLLS

SERVED UNTIL 5PM

COD FINGERS, LEAF SALAD & TARTAR SAUCE  
£ 9

AGED CHEDDAR, SMOKED HAM & PICCALILLI SAUCE  
£ 8

ROAST BEETROOT FALAFEL, CHILLI JAM & CUCUMBER VG  
£ 8

ROAST PORK BELLY, APPLE SAUCE & CRACKLING  
£ 10

ADD CHIPS, SOUP OR A SIDE SALAD  
£ 3

## PLOUGHMANS BOARDS

### CHEESE PLOUGHMANS

SELECTION OF LOCAL CHEESES, CRACKERS, SOURDOUGH BAGUETTE,  
SALAD, GRAPES, APPLE, CHUTNEY, COLESLAW & PICKLES V  
£ 18

### MEAT PLOUGHMANS

SELECTION OF CURED MEATS, CRACKERS, PORK PIE, SOURDOUGH BAGUETTE,  
SALAD, GRAPES, APPLE, CHUTNEY, COLESLAW & PICKLES  
£ 18

### MIXED PLOUGHMANS

SELECTION OF LOCAL CHEESES, CURED MEATS, PORK PIE, CRACKERS, SOURDOUGH  
BAGUETTE, SALAD, GRAPES, APPLE, CHUTNEY, COLESLAW & PICKLES  
£ 21



TABLE TALK  
FOUNDATION

We are proud supporters of  
Table Talk Foundation raises funds to support food  
education in Sussex for the next generation, and to support  
our local hospitality industry.

## SUNDAY ROASTS AT THE PLOUGH INN

WE OFFER A SELECTION OF LOCALLY SOURCED ROASTED MEATS & A VEGETARIAN OPTIONS AS  
WELL AS OUR STARTERS & DESSERTS EVERY SUNDAY!

**BOOKING ADVISABLE**

SUNDAY ROASTS SERVED 12 - 7PM

CALL US ON 01273 390635

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY  
AND REQUIRE INFORMATION ABOUT THE ALLERGENS IN OUR DISHES.



VICARAGE LANE, ROTTINGDEAN  
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